



Walk talk and eat in Cortina, Dolomites.

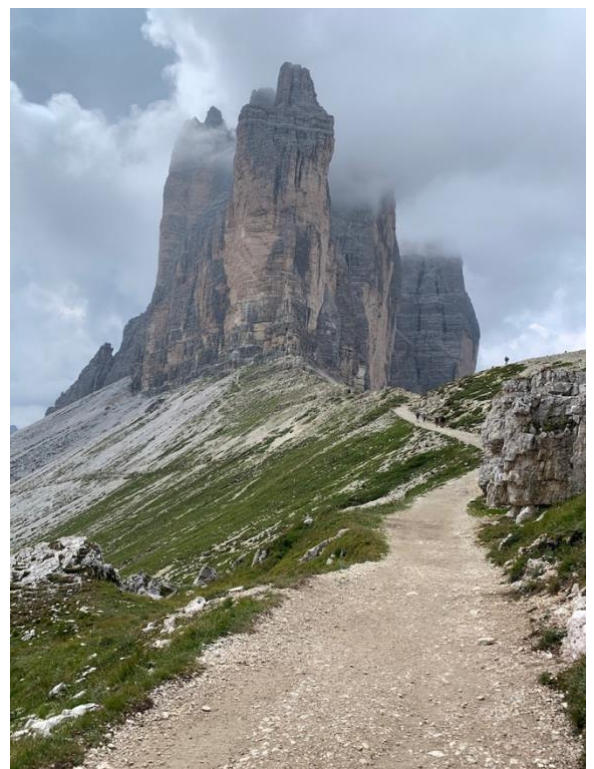
Friday we meet in Cortina d'Ampezzo at the Hotel. We have dinner in one of the local restaurants in the village.

Saturday

After breakfast we leave with taxi to do a fantastic day trek around the 3 beautiful lime stone towers called Les Tre cime di Laverado. 4 hours of active walking and 400 m ascent. We return to Cortina to the hotel for another night and dinner in town.

Sunday

After breakfast we will leave with a taxi to go to the start of our Trek at the beautiful lake, Lago di Braies, on Alta via 1. The walk include 900 m ascent about 4 hours of walking (not including pauses). We will bring some sandwiches from Cortina for picnic along the way. In the afternoon we will arrive at the Sennes Mountain hut <https://www.sennes.com> where you will share





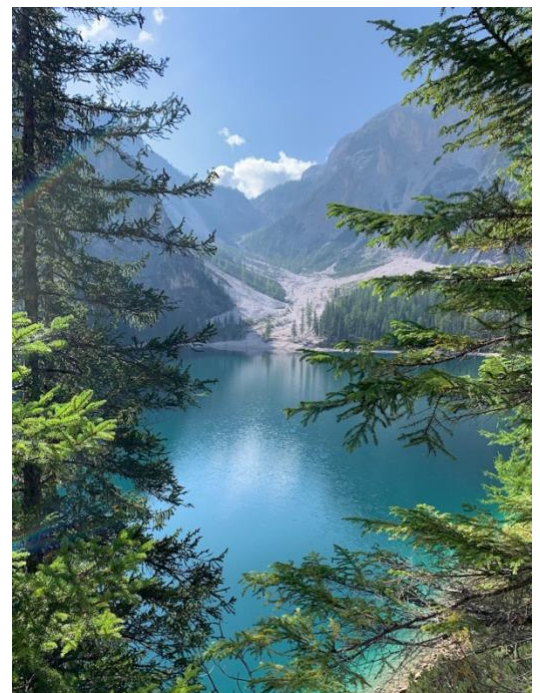
double rooms with shared bathroom on the same floor. Dinner at the hut is not included in the price.

Monday

After breakfast we set out on the walk that will take us to Fanes Mountain hut <http://www.rifugiofanes.com/en/dolomites-hut.htm> The altimeters covered this day is 600 ascent and 800 descent, about 4 hours of walking. It will be possible to have a late lunch when we arrive if you wish.

Tuesday

From Fanes Mountain hut the trek takes us along the beautiful Alta via 1 and climbs up to the summit of Lagazuoi where there is a Mountain hut and a cable car station https://www.rifugiolagazuoi.com/index_en.php There is also an exhibition of the happenings during the first world war where there was a lot of war activity in these mountains between the Italian and the Austro-Hungarian troops. Possible to visit the tunnels that were built in the mountains by the soldiers. The ascent for the day is 1150 and descent 450, 6 hours of walking. If the weather is nice the view and sunset at Lagazuoi is one of the best in the Dolomites.





In Lagazuoi you sleep in double rooms with access to bathrooms on the same floor. Dinner is included in the price.

Wednesday

After breakfast we set out for the last day of our trek that will take us back to Cortina. Mostly downhill this day and we will arrive in the little village of Pocol for a late lunch and then short taxi back to Cortina. Around 5 hours of walking.

Thursday September 5th

Breakfast and departure from Cortina.