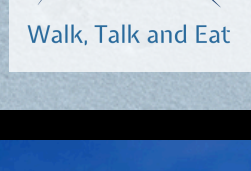




NARVIK

FJORD TO SUMMIT



**"FJORD TO SUMMIT,
SKI TOURING IN
NORTHERN NORWAY
APRIL 22ND TO 27TH, 2025."**



JOIN me on a 4-day ski touring adventure around the stunning fjords of the Ofoten region in Northern Norway. In this breathtaking landscape, where the mountains meet the sea, you'll have access to an array of spectacular ski-touring summits, all reachable as day trips. We'll be based at Basecamp Narvik, staying in modern, newly built studios located right at the foot of the Narvik Alpine Ski Center.



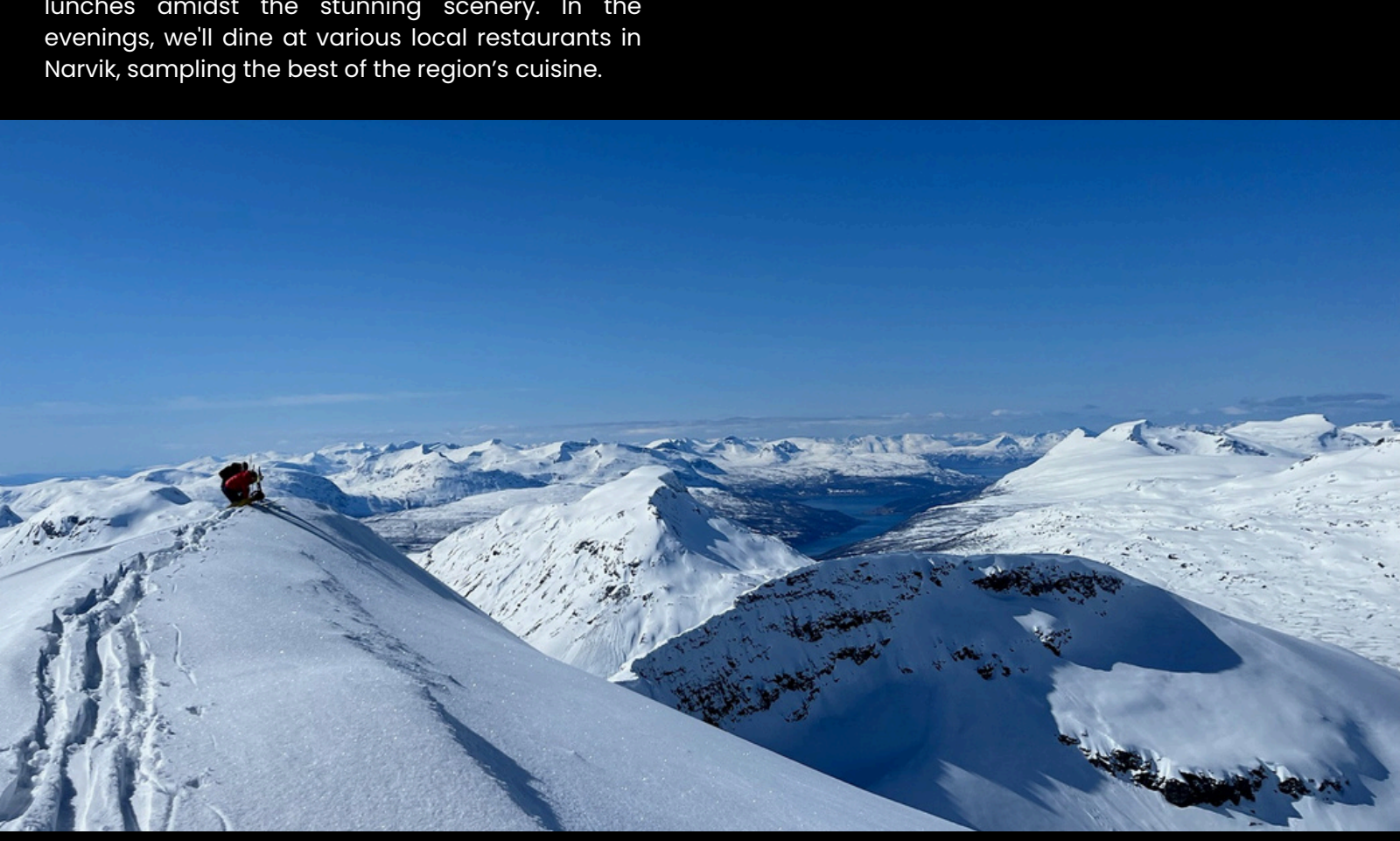
Ill guide you through some of my favorite mountains—my playground during the 10 years I lived here in the 90s. If the conditions are favorable, we can also spend a day skiing on Narvikfjellet, using the lifts to enjoy the incredible panoramic views over the fjords and the town.



FOR those seeking a little extra adventure, there's an opportunity to take a refreshing cold plunge into the fjords after a day's ski tour!

TRAVELLING in a group of 8, we'll explore the region in a comfortable minibus and enjoy picnic lunches amidst the stunning scenery. In the evenings, we'll dine at various local restaurants in Narvik, sampling the best of the region's cuisine.

YOU can fly into Kiruna, Sweden, or Evenes, Norway. Alternatively, you can travel from Stockholm via an overnight train that takes you to Narvik.



I AM a Certified Swedish and Swiss Ski Instructor with the International Diploma, ISIA. I have completed mountain rescue training in Sweden and an Avalanche course with the British Mountain Guide Association. I am a trained Trekking guide after 2 years of full-time studies at a mountain tourism school in Kiruna, Northern Sweden, in 1990. I am a member of the Swiss ski school in Verbier, Switzerland. I am a fully educated massage therapist, licensed yoga teacher, and integrative nutrition health coach. I have worked in the Scandinavian Mountain range for 10 years while also doing various treks/climbs in the Alps, Nepal, Pakistan, and China. I have been offering trekking trips with yoga and massage in Verbier, Italy, Norway, Spain, Nepal, and India since 2006.

**JOIN ME ON THE
ADVENTURE!**

